



## **From clubs to cleats, the exciting sport of Foot Golf!**

By Nick Ogden

Have you ever wondered what it would be like to play golf with a ball 10 times the size of a regular golf ball?

This year, the Bayview Family Golf Centre has opened up a never before seen attraction in the Quinte West area. Foot Golf combines the kicking of soccer, with the trajectory of traditional golf to add a unique spin on the sport.

But just how do you play Foot Golf? With an oversized club? Of course not, that would be ridiculous.

The course has accompanied its regular nine holes with nine Foot Golf holes. Located on the sides of the greens, not to interfere with the more traditional game, are 21-inch wide holes. The object of the game is identical to regular golf - get the ball in the hole in the least amount of strokes, or in this case, kicks.

According to the Canadian Footgolf Association, there are approximately 40 Foot Golf courses in Canada! That makes this one a must-play location for anyone in the area, or looking for something different to do while visiting the Bay of Quinte region.



The holes range between par 4's and 5's. You get to ditch the clubs and dawn your best running shoes to drive the soccer ball down the fairway. Boundaries still apply, so be careful of the long grass.

A round of nine holes will normally take you about 45 minutes. Both Foot Golf and regular golf can be played at the same time, with courtesy being given to the faster group.

Now, this may seem pretty easy, right? Get the soccer ball in the giant hole. Well, you'd be mistaken. Foot Golf requires a lot of patience, proper analysis of the wind, and a great group of friends for maximum enjoyment.



After my first round, my foot and shin were aching. I have always loved golf. Soccer... not so much. I was hesitant that I wouldn't enjoy Foot Golf as much as someone who plays soccer would. After getting out on the course, it started to feel a lot less like soccer, and a lot more like Foot Golf. It was a great combination of soccer and golf, and never felt like it was too much of one sport. My only concern was deciding

whether or not to yell FORE! or GOAL!

Right now, Bayview is offering a special deal for Foot Golf: 18 holes for \$10! That price is sure to have fans blowing their vuvuzelas.

You don't have to be good at golf; you don't even need to be good at soccer. As long as you walk onto the course with an open mind and a strong kick, you're bound to have a great time!

It just makes sense doesn't it? A soccer ball does look an awful lot like a giant golf ball... Coincidence?

For more information on the Bayview Family Golf Centre, and to book a tee time, call Donna and Brad Ashley at 613-962-1254.